

This recipe brought to you by:



Tator-Tot Casserole

- 1 lb ground beef, browned and seasoned to taste
- 1 pkg. simply organic dry onion soup mix
- 16 oz Cascade frozen mixed vegetables
- 1 can cream of mushroom soup (can substitute cream of broccoli or celery)
- 16 oz Cascade frozen spud puppies (tator tots)

Spray 9 x 13 inch pan, put browned ground beef on bottom: sprinkle dry onion soup mix over ground beef. Add veggies and mushroom soup. Season to taste. Put spud puppies on top and bake at 350 1 - 1 1/2 hour.

